

**Name: Ofir Levi,
Senior lecturer**

Date: April 2022

CURRICULUM VITAE

1. Personal Details

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2. Higher Education

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
1990-1993	The Hebrew University in Jerusalem, The Paul Baerwald School of Social Work	BSW	1993
1995-1999	The Hebrew University in Jerusalem, The Paul Baerwald School of Social Work	MSW	1999
2001-2006	Tel Aviv University, The Bob Shapell School of Social Work	Ph.D.	2006

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
2007 – Present	The Bob Shapell School of Social Work, Tel Aviv University	Senior Lecturer
2013 – Present	The Bob Shapell School of Social Work, Tel Aviv University	Head of the Program for Psychodynamic Psychotherapy
2014 – 2019	Ruppin Academic Center	Senior Lecturer

4. **Scholarly Positions and Activities outside the University**

- 2007 – Present Examiner in specialty exams at the Social Workers' Organization
- 2009 – Present Reviewer of manuscripts submitted to Sihot – Dialogue, Israel Journal of Psychotherapy
- 2014 – Present Reviewer of manuscripts submitted to Clinical Psychology & Psychotherapy

5. **Participation in Scholarly Conferences**

a. **Active Participation**

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion
2007	Trauma Conference (a collaboration with the US army)	Herzelia	Team talk and debriefing following a traumatic event
2009	PTSD Conference	Jerusalem	Innovative treatment approaches for combat PTSD: An integrative approach to the treatment of PTSD among Israeli combat and reserve soldiers
2012	The Israeli Association for Psychotherapy: The first Israeli conference for psychotherapy	Haifa	Treating chronic post trauma using the components of "The phenomenon of Hope"
2014	The Annual Conference of The Israeli Association of Physical & Rehabilitation Medicine	Jerusalem	The prevalence of PTSD and treatment methods

2015	EABCT	Jerusalem	Trauma focused cognitive group therapy among combat soldiers exposed to traumatic events
2016	The Israeli Association for Psychotherapy: Classic, challenge and renewal	Tel-Aviv	From traumatic language to post-traumatic language: The development of language in therapy according to "The Phenomenon of Hope" model as an expression of recovery from trauma.
2022	The 47th Annual Alcohol Epidemiology Symposium of the Kettil Bruun Society:	Warsaw	Relapse as experienced by women whose spouse suffers from Alcohol Use Disorder

6. **Invited Lectures**

Date	Place of Lecture	Name of Forum	Presentation/Comments
2004	The Bob Shapell School of Social Work, Tel Aviv University	MA Students	Ethical dilemmas in the work of the military mental health officer
2009	Faculty of Exact Sciences, Tel Aviv University	Staff & bereaved families	From post trauma to hope: the role of hope in post-traumatic growth
2009	Latrun	Alone on the hill: The Yom Kippur A-Saki hill battle	Courage and bravery in the battlefield and in life after battle

7. **Teaching**

Courses Taught in Recent Years

Year	Name of Course	Type of Course Lecture/Seminar/ Workshop/High Learn Course/ Introduction Course	Degree	No. of Students
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2007 - Present	Focused individual and group treatment in trauma	MA course, The Bob Shapell School of Social Work, Tel Aviv University	MSW	18-30
2007 - Present	Hope and resilience in trauma – clinical and theoretic aspects	MA course, The Bob Shapell School of Social Work, Tel Aviv University	MSW	18-30
2014 - Present	Personality theories	BA course, Department of Social Work, Ruppin Academic Center	BSW	20-50
2014 - Present	Interpersonal relationships in groups	BA course, Department of Social Work, Ruppin Academic Center	BSW	20-50
2015 - Present	Psychopathology	BA course, Department of Social Work, Ruppin Academic Center	BSW	20

8. Professional Experience

1993-1995	Captain, mental health officer, parachutes' brigade, IDF
1995-1996	Captain, Gadna, central district, IDF
1996-1998	Deputy Manager of the adult and adolescent's department and head of the social work services at the department, Alin Hospital, Jerusalem
1999	Leading social worker, Ilan Israel Foundation for Handicapped Children
2000-2002	Major, Commander of the mental health clinic in Schneller, Jerusalem, Mental Health Department, IDF
2002-2005	Major, Head of the Emergency Intervention Section, Mental Health Department, IDF
2005-2015	Lieutenant-Colonel, Commander of Combat Stress Reaction Unit, Mental Health Department, IDF

PUBLICATIONS

A. Ph.D. Dissertation

The Meaning of Hope among those (or better: Soldiers) Suffering from PTSD, 2006, 293 pages, Hebrew, Tel Aviv University.

Name of advisors: Prof. Riki Savaya & Dr. Ronit Leichtentritt

B. Articles in Refereed Journals

Published

1. **Levi, O.** (2008). The phenomenon of hope as a means for therapy in the post-traumatic stress response, *Sihot – Dialogue Israel Journal of Psychotherapy*, 22(3), 233-244. (Hebrew)
2. **Levi, O.**, Lubin, G. (2010). The intake process in the unit for treating combat stress reaction. *Military Medicine*, 7(1), 157-161. (Hebrew)
3. **Levi, O.**, Shoval, Y. (2010). Continuous group intervention – protocol for a unique intervention with combat reserve units. *Sihot – Dialogue Israel Journal of Psychotherapy*, 24(3), 275-282. (Hebrew)
4. Svetlicky, V., Solomon, Z., Benbenishty, R., **Levi, O.**, Lubin, G. (2010). Combat exposure, posttraumatic stress symptoms and risk-taking behavior in veterans of the Second Lebanon War. *Israel Journal of Psychiatry and Related Sciences* 47 (4), 276-283.
5. Shoval, Y., **Levi, O.**, Dekel, R., Solomon, Z. (2011). Assessing debriefing intervention: literature review. *Society and Welfare*, 31 (2), 173-203. (Hebrew)
6. **Levi, O.** (2011). The role of the phenomenon of hope in long term group therapy in chronic PTSD patients. *Sihot – Dialogue Israel Journal of Psychotherapy*, 26(1), 55-63. (Hebrew)
7. **Levi, O.**, Savaya, R., & Liechtenritt, R. (2011). The dialectics of the phenomenon of hope: Perceptions of post-trauma victims. *Megamot*, 48(1), 162-185. (Hebrew)
8. **Levi, O.**, Liechtenritt, R., Savaya, R. (2012). Posttraumatic Stress Disorder Patients' Experiences of Hope. *Qualitative Health Research*, 22(12), 1672-1684. doi.10.1177/1049732312458184
9. **Levi, O.**, Lubin, G., Farran, Y., Shoval, Y., Fruchter, E. (2012). The Efficacy of the cognitive-behavioral treatment, dynamic treatment, group treatment and drug therapy among chronic PTSD patients at the unit for the treatment of combat stress reaction: findings based on therapists' experiences. *Journal of Military Medicine* 9 (1), 5-11. (Hebrew).

10. **Levi, O.** (2012). The role of hope in psychodynamic psychotherapy in a case of chronic posttraumatic disorder in an army veteran. *Ma'arag*, 3, 91-112. (Hebrew).
11. **Levi, O.**, Fruchter, E., Kreiss, Y. (2013). From captivity to freedom: A challenge for the released prisoner and for the therapist. *Military Medicine*, 10 (2), 12-18. (Hebrew)
12. **Levi, O.**, Liechtentritt, R., Savaya R. (2013) Binary phenomenon of hope: Perceptions of traumatized veterans. *Journal of Health Psychology*, 18(9), 1153-1165. doi:10.1177/1359105312461661.
13. **Levi, O.** (2013). Hope, hardiness, and trauma: Clinical and research development of the concept of hope after the Second World War and its use in the psychotherapeutic treatment of chronic and complex PTSD. In G. M. Katsaros (Ed.), *Psychology of Hope* (pp.1-49) New-York: Nova Science Publishers.
14. **Levi, O.** (2013). Individual therapy for chronic and complex PTSD via the phenomenon of hope. *Psychoanalytic Social Work*, 20, 150-173. DOI: 10.1080/15228878.2013.808576.
15. Naim, R., Abend, R., Wald, I., Eldar, S., **Levi, O.**, Fruchter, E., Ginat, K., Halpern, P., Sipos, L.M., Adler, B.A., Bliese, D.P., Quartana, J.P., Pine, S.D., Bar-Haim, Y. (2015). Threat-related attention bias variability and post-traumatic stress. *American Journal of Psychiatry*, 172(12), 1242-1250. doi:10.1176/appi.ajp.2015.14121579.
16. Amy S., Badura-Brack, S.M, Naim, R., Tara J.R. **Levy, O.**, Abend, R., Khanna, M.M., McDermott, J.T., Pine, S.P. & Bar-Haim, Y.(2015). Effect of attention training on attention bias variability and PTSD symptoms: Randomized controlled trials in Israeli and U.S. combat veterans. *American Journal of Psychiatry*, 172(12), 1233-1241. doi.org/10.1176/appi.ajp.2015.14121578.
17. Shoval-Zuckerman, Y., Dekel, R., **Levi, O.** (2015). The effectiveness of early group intervention for military reserves soldiers: The role of the repressive coping style. *Israel Journal of Psychiatry and related science*, 52(3), 49-57.
18. **Levi, O.**, Shoval, Y., Bibi, A., Fruchter, E. (2015). Group therapy in psychodynamic orientation for chronic and complex post traumatic patients. *Megamot*, 50(1), 159-176. (Hebrew)
19. **Levi, O.**, Bar-Haim, Y., Kreiss, Y., & Fruchter, E. (2016). Cognitive-behavioral therapy and psychodynamic psychotherapy in the treatment of combat-related post-traumatic stress disorder: A comparative study. *Psychotherapy. Clinical Psychology & Psychotherapy*, 24(4), 298-307. DOI: 10.1002/cpp.1969.

20. **Levi, O.**, Wald, I., Svetlitsky, V., Zusmanovitz, S., Parasha, E., Shoval-Zuckerman, Y., Afik, G., Haikin, G., Fruchter, E. (2017) Combat-Related Multi-Faceted Trauma-Focused Group Therapy: A Pilot Study. *Journal of Nervous and Mental Disease*, 205(2), 133-139. DOI: 10.1097/NMD.0000000000000619.
21. **Levi, O.**, Shoval-Zuckerman, Y., Fruchter, E., Bibi, A., Bar-Haim, Y., Wald, I. (2017). Benefits of a Psychodynamic Group Therapy (PGT) Model for Treating Veterans with PTSD. *Journal of Clinical Psychology*. Doi: 10.1002/jclp.22443.
22. **Levi, O.** (2017). From Traumatic Language to Post-traumatic Language: The Development of Language in Therapy according to The "Phenomenon of Hope" Model. *Psychoanalytic Social Work*, 24(1), 54-74. doi.org/10.1080/15228878.2016.1278394.
23. **Levi, O.**, Svetlitsky, V., Zusmanovitz, S., Parasha, E., Fruchter, E. (2017). A combination between trauma-focused group therapy and art therapy with veterans who were exposed to combat traumatic events. *Mikbatz; The Israeli Journal of Group Psychotherapy*, 22(1), 7-26. (Hebrew).
24. Wald, I., Bitton, S., **Levi, O.**, Zusmanovich, S., Fruchter, E., Ginat K., Charney, S.D., Pine, S.D & Bar-Haim, Y. (2017). Acute delivery of attention bias modification training (ABMT) moderates the association between combat exposure and posttraumatic symptoms: A feasibility study. *Biol Psychol*, 122, 93-97. Doi: 10.1016/j.biopsycho.2016.01.005.
25. ***Levi, O.** (2017) In Depth Psycho-Sociological Interview (Intake) and Placement for Treatment in Case of Combat PTSD. *MOJ Addiction Medicine & Therapy*, 3(5), 1-5. DOI: 10.15406/mojamt.2017.03.00058.
26. ***Levi, O.**, Fruchter, E., Weiser, M., Kreiss, Y. Bar-Haim, Y., (2018). Treatment seeking for posttraumatic stress in Israel Defense Forces veterans deployed in the 2006 Israel-Hezbollah war: A 7-years post-war follow-up. *Israel Journal of Psychiatry*, 55(2), 4-9.
27. ***Levi, O.**, Shoval-Zukerman Y. (2017). Continuance Group Intervention Protocol (CGIP) for a Unique *Intervention*. *International Journal of Emergency Mental Health & Human Resilience*, 19(2), 1-7. DOI: 10.4172/1522-4821.1000364.
28. *Gilbar, O., Dekel, R., Gabriela Spector-Mersel, G., **Levi, O.** The Crisis in Achieving A Sense of Manhood Among Israeli Veterans who Suffer from PTSD. *Psychology of Men & Masculinity*. (Accepted for publication 10 - 2017). doi/10.1037/men0000148.
29. ***Levi, O.**, Lubin, G. (2018). Treatment Seeking for Posttraumatic Stress in Israel Defense Forces Veterans Deployed in the Second Lebanon war (2006) and "Operation Cast Lead" in the Gaza Strip (2009): A Comparative Study. *Anxiety, Stress, & Coping*, 31(3). 328-337. DOI: 10.1080/10615806.2017.1421179.

30. *Levi, O., Fruchter, E., Kreiss, Y. (2018). Challenges in the homecoming of released prisoners of war (POWs): IDF preparations—a case study of freed POWs from the Yom Kippur War and Second Lebanon War. *Traumatology*, 24(4), 271-279. Doi: 1037/trm0000155.
31. *Gilbar, O., Spector-Mersel, G., Levi, O., Dekel, R. (2018). From crisis to transformation: Masculine identity among veterans with posttraumatic stress symptoms due to participation in combat. *Society and Welfare*, 38(2), 401-427. (Hebrew).
32. *Levi, O., Lazarov, A., Bar-Haim, Y., Lubin G., Wald I. (2019). Predictors of consent to treatment and premature termination of treatment in a sample of veterans with military-related PTSD. *Journal of Nervous and Mental Disease*. 207(4), 300-306. doi:10.1097/NMD.0000000000000966.
33. *Shoval-Zuckerman Y., Dekel, R., Cohen, G., & Levi, O. (2019). Adjustment Profiles of Yom Kippur War Veterans Seeking Delayed Help from the IDF. *International Review of Psychiatry*, 31(1):3-13. Doi: 10.1080/09540261.2019.1601072.
34. Shoval-Zuckerman Y., Levi, O., Dekel, R. (2019). Assessing debriefing intervention: literature review and protocol for a unique intervention with combat reserve units. In Y. Lahav & Z. Solomon (Eds.), *From Reliving to Remembering – Treatment for Trauma* (pp.155-187) Holon: Resling Publishing. (Hebrew).
35. Levi, O. (2020). The role of hope in psychodynamic therapy (PDT) for complex PTSD (C-PTSD). *Journal of Social Work Practice*, 34(3) 237-248. DOI: 10.1080/02650533.2019.1648246.
36. *Svetlitzky, V., Farchi, M., Ben-Yehuda, A., Start, R. M., Levi, O., & Adler, B. A. (2020). YaHaLOM Training in the Military: Assessing knowledge, confidence and stigma. *Psychological Services*, 17(2), 151-159. Doi: 10.1037/ser0000360.
37. *Lazarov, A., Levi, O****(equal contribution)**., Bar-Haim Y.....Symptom (2019). Structure of PTSD and Co-Morbid Depressive Symptoms - A Network Analysis of Combat Veteran Patients. *Psychological Medicine*. DOI: 10.1017/S0033291719002034.
38. Levi, O. (2020). The Development of Language in Therapy according to The “Phenomenon of Hope” Model. <https://www.behpsy.net/articles.asp?id=3976>. (Hebrew).
39. Spiller, R. T., Levi, O., ****(equal contribution)** Neria, Y., Benjamin Suarez-Jimenez, B., Bar-Haim, Y., Lazarov, A. "Centrality Measures Are Too Simplistic to Reveal Treatment Targets in Cross-Sectional Between-Subject Networks of Psychopathology". *BMC Medicine*. Doi: 10.1186/s12916-020-01740-5

40. **Levi, O.** (2020). Psychodynamic group therapy for chronic-complex trauma victims: the termination and separation phase.
<https://www.hebpsy.net/articles.asp?id=4022>.(Hebrew)
41. **Levi, O.** (2020). The role of the phenomenon of hope in trauma and dissociation. <https://www.hebpsy.net/articles.asp?id=4076>.(Hebrew)
42. Gavriel-Fried, B., Izhaki, R. **Levi, O.** (2021). "My god...how did I miss it': Women's experiences of their spouses'. *Journal of Psychiatric and Mental Health Nursing*, 25(8), 783-793. Doi: 10.1111/jpm.12753.
43. **Levi, O.** (2021). Expressions of Complex Trauma and Dissociation in The Book of Internal Grammar by David Grossman.
<https://www.hebpsy.net/articles.asp?id=4102>.
44. Bar-Haim, Y., Stein, B.M., Bryant, A.R., Bliese, D.P., Ph.D., Ben Yehuda, A., Kringelbach, L.M., Jain, S. Dan, O., Lazarov, A., Wald, I., **Levi, O.**, Neria, Y., Pine, S.P. (2021). Intrusive Traumatic Reexperiencing: Pathognomonic of the Psychological Response to Traumatic Stress. *The American Journal of Psychiatry*, 178;2, 119-122. Doi: 10.1176/appi.ajp.2020.19121231.
45. **Levi, O.**, Ben Yehuda, A., Pine, D.S., & Bar-Haim, Y. (2021). A Sobering Look at Treatment Effectiveness of Military-Related Posttraumatic . Stress Disorder. *Clinical Psychological Science*. doi: 10.1177/21677026211051314.
46. Bar-Haim, Y., Stein, M. B., Bryant, R. A., Bliese, P. D., Ben Yehuda, A., Kringelbach, M. L., ... & Pine, D. S. (2021). Intrusive traumatic reexperiencing: pathognomonic of the psychological response to traumatic stress. *American Journal of Psychiatry*, 178(2), 119-122. doi: [10.1176/appi.ajp.2020.19121231](https://doi.org/10.1176/appi.ajp.2020.19121231)

C.Other Scientific Publications

Published

1. **Levi, O.** (2010). Hope and resilience in trauma.
<http://www.israppsych.org/books/?p=504> (Hebrew)